

SKILLS DEVELOPMENT

- » Cheerleading
- » Sport Smart Saturday School



EVENTS

- » Back to School Bash
- » Movies by Moonlight
- » National Gymnastics Day
- » Father Daughter Dance
- » Holiday Hoops 2 on 2 Basketball Challenge

SPECIAL INTEREST

- » Stargazing
- » Nature Photography
- » Project Wild Teacher
- » Stream Ecology
- » Bird Walks
- » Owl Walk
- » Leaves & Trees Trail Walk

HEALTH AND FITNESS

- » Running Club

WATERSPORTS

- » Stand Up Paddleboard Demo
- » Stand Up Paddleboard Yoga
- » Paddleshack Watercraft Rentals



GYMNASTICS

- » Gymnastics Fall Classes
- » Gymnastics Team
- » Gymnastics Clinics
- » Rhythmic Gymnastics
- » Parents Night Out
- » Parent and Me Playdate



SCHOOLS OUT CAMPS

- » Art a la Carte Kidz
- » Gymnastics



TEAM SPORTS

- » Basketball
- » Soccer
- » Football
- » Flag Football
- » Kickball
- » Golf Clinic
- » Lacrosse
- » Volleyball League
- » Volleyball Open Gym
- » Pickleball

FALL RECREATION PROGRAMS

Whether you're looking for a team sport or creative outlet for your children, or would like to improve your own fitness without getting locked into a private gym contract, the City of Sandy Springs offers affordable programs at convenient locations.

We also offer free community events that make it fun and easy to get to know your neighbors! For parents looking for a safe place for their children after school and during school breaks, check out the many wonderful programs in Sandy Springs.

WE HAVE PROGRAMS AND CLASSES FOR **PRE-SCHOOLERS**, **CHILDREN**, **ADOLESCENTS**, **TEENS** AND **ADULTS**

CHILDREN'S PARTIES

- » Gymnastics Parties
- » Garden Party in the Park



MARTIAL ARTS

- » Karate
- » Fencing

EXCEPTIONAL NEEDS

- » Sparkling Stars Gymnastics
- » Special Pops Tennis
- » Special Olympics Bocce

YOU CAN FIND THE LATEST INFORMATION ABOUT ALL CITY PROGRAMS BY VISITING REGISTRATION.SANDYSPRINGSGA.GOV



Min Age	Max Age	Gender	Program Date(s)	Days	Time	Location	Cost
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Events								
Back to School Bash	All Ages	M/F	8/16/2016	Tuesday	4-7pm	Hammond Park Turf Field	Free	
Movies By Moonlight	All Ages	M/F	8/26, 9/9, 9/30/2016	Fridays	6pm	SSUMC Activities Center	Free	
National Gymnastics Day	All Ages	M/F	9/17/2016	Saturday	3-5:30pm	Hammond Park Gymnastics Ctr	Free	
Holiday Hoops 2 on 2 Basketball Challenge	6th-8th Grades	M/F	12/2/2016	Friday	6pm	Sandy Springs Tennis Center	Free	
Father Daughter Dance	5	10	M/F	2/4/2017	Saturday	6pm	TBD	\$35

Special Interest								
Project Wild Teacher Workshop	16	Adult	M/F	9/10/2016	Saturday	9:30am-4:30pm	Lost Corner Preserve	\$30
Stream Ecology	6	Adult	M/F	9/10/2016	Saturday	10am-12pm	Lost Corner Preserve	Free
Nature Photography Workshop	14	Adult	M/F	10/1/2016	Saturday	10am-1pm	Lost Corner Preserve	\$25
Nature Photography Walk	14	Adult	M/F	10/1/2016	Saturday	2pm-4pm	Lost Corner Preserve	\$25
Morgan Falls Bird Walk	6	Adult	M/F	10/8/2016	Saturday	8:30am	Overlook Park	Free
Lost Corner Bird Walk	6	Adult	M/F	10/22/2016	Saturday	8:30am	Lost Corner Preserve	Free
Leaves & Trees Trail Walk	6	Adult	M/F	10/8/2016	Saturday	10am-12pm	Lost Corner Preserve	Free
Stargazing	All Ages	M/F	3/4/2016	Friday	7:30-10pm	Overlook Park	Free	
Owl Walk	14	Adult	M/F	11/19/2016	Saturday	7pm-9pm	Lost Corner Preserve	Free

Watersports								
Stand Up Paddleboard Demo Classes	10	Adult	M/F	April-May	Thursday	6:30-8pm	Overlook Park	\$30
Stand Up Paddleboard Yoga Classes	10	Adult	M/F	April-May	Sunday	9-11:30am	Overlook Park	\$40
Paddleshack Watercraft Rentals	10	Adult	M/F	April-May	Fri-Sun	9am-6pm	Overlook Park	\$25/hr

Team Sports								
Basketball: Youth Intramural League	7	10	M/F	Nov 14 - Mar	M/Tu/W/Th	TBD	Sandy Springs Elementary schools	\$25
Soccer	4	10	M/F	Aug 22 - Nov 3	M/Tu/W/Th	6-8 pm	Lake Forest Elementary School Field	\$25
Sandy Springs Youth Sports Football	6	13	M		(sandyspringsbaseball.org)		Morgan Falls Athletic Complex	
Sandy Springs Youth Sports Flag Football	5	7	M		(sandyspringsbaseball.org)		Morgan Falls Athletic Complex	
Sandy Springs Youth Sports Baseball	4	12	M		(sandyspringsbaseball.org)		Morgan Falls Athletic Complex	
Flag Football	Adult		M		(georgiasportsleagues.org)		Dunwoody Springs Turf Field	
Kickball: Free Play After-School League	7	10	M/F	Sept 13 - Nov 1	Tuesdays	6pm	High Point Elementary	Free
Golf Clinic	5	12	M/F	Sept 14 - Nov 2	Wednesday	4:30-5:15pm	Lake Forest Elementary School Field	Free
Lacrosse	4	18	M	(www.ayllax.com)			Hammond Park, Dunwoody Springs ES, High Point ES	
Volleyball League	Adult		M/F		M/Tu/W	6:30pm	Sandy Springs Middle School	\$305
Volleyball Open Gym Night	Adult		M/F		Tuesdays	7-9pm	Sandy Springs Middle School	\$1
Pickleball	Adult		M/F	Daily		9am - 2pm	Hammond Park	Free

Skills Development								
Sandy Springs Youth Sports Cheer	6	13	F			(sandyspringsfootball.org)	Morgan Falls Athletic Complex	
Sport Smart Saturday School	6	16	M/F	Monthly	Saturdays	12 - 4pm	Hammond Park Gymnastics Ctr	\$180

Martial Arts								
Karate Youth	6	13	M/F	Sept-Nov	Tue/Sat	6:30pm/9am	Hammond Park Gymnastic Ctr	\$90
Karate Teen and Adult	14	Adult	M/F	Sept-Nov	Tue/Thur/Sat	7:30pm/10am	Hammond Park Gymnastic Ctr	\$90
Fencing Youth	6	13	M/F	Monthly	Mon	5-6:30pm	Hammond Park Gymnastic Ctr	\$80
Fencing Adult	14	Adult	M/F	Monthly	Tue or Thur	7:30-8:30pm	Hammond Park Gymnastic Ctr	\$50

Gymnastics								
Gymnastics Fall Classes (no classes Nov 21-27)	1	Adult	M/F	Sept 12 - Dec 10	Mon-Sat		Hammond Park Gymnastics Ctr	\$102-\$198
Gymnastics Team (invitation only)	6	16	F	Monthly	Mon-Sat		Hammond Park Gymnastics Ctr	\$108-\$355
Gymnastics Clinics	5	18	M/F	9/24, 10/15, 11/19, 12/17	Saturday	2pm	Hammond Park Gymnastics Ctr	\$25-\$35
Rhythmic Gymnastics	4	17	M/F	Monthly	Wed/Sat	4:30pm/12pm	Hammond Park Gymnastics Ctr	\$80-\$100
Parents Night Out - Gymnastics	5	12	M/F	Oct 7, Nov 4, Dec 2	Fridays	6-10pm	Hammond Park Gymnastics Ctr	\$20
Gymnastics Parent and Me Playdate	0	5	M/F	Weekly	Wednesday	10am	Hammond Park Gymnastics Ctr	\$5

Health and Fitness								
Running Club	6	14	M/F	Sept 7 - Nov 3	Wed/Thur	6pm	Ridgeviw Park	\$25

Schools Out Camps								
Art a la Carte Kidz Thanksgiving Camp	6	13	M/F	Nov 21-23	M,Tu,W	9am - 4pm	Hammond Community Building	\$140
Art a la Carte Kidz Winter Break Camp 1	6	13	M/F	Dec 27-30	Tue-Fri	9am - 4pm	Hammond Community Building	\$180
Art a la Carte Kidz Winter Break Camp 2	6	13	M/F	Jan 2-Jan4 2017	M, Tu,W	9am - 4pm	Hammond Community Building	\$140
Thanksgiving Break Youth Gymnastics Camp	5.5	14	M/F	Nov 21-23	M-W	9am - 2pm	Hammond Park Gymnastics Ctr	\$78
Thanksgiving Break Youth Gymnastics Camp	3	5	M/F	Nov 21-23	M-W	9am - 12pm	Hammond Park Gymnastics Ctr	\$65
Winter Break Youth Gymnastics Camps	5.5	14	M/F	Dec. 27-30 or Jan 3-6	Tue-Fri	9am-2pm	Hammond Park Gymnastics Ctr	\$104
Winter Break Preschool Gymnastics Camps	3	5	M/F	Dec. 27-30 or Jan 3-6	Tue-Fri	9am - 12pm	Hammond Park Gymnastics Ctr	\$80

Exceptional Needs								
Sparkling Stars Gymnastics	6	12	M/F	Sept 12 - Dec 10	Friday	5:00pm	Hammond Park Gymnastics Ctr	\$102/\$120
Special Pops Tennis	6	18	M/F	Aug 15 - Oct 10	Monday	7pm-8:30pm	Sandy Springs Tennis Ctr	Free
Special Olympics Bocce	6	18	M/F	12/7/2016	Thursday	10am-12pm	North Springs High School	NA

Children's Parties								
Gymnastics Parties	2	14	M/F	Sept - Dec	Sunday	11am, 1pm, 3pm, 5pm	Hammond Park Gymnastics Ctr	\$165
Garden Party in the Park	2	14	M/F	By appt.	Saturday or Sunday	11am, 1:30pm 4pm	Lost Corner Preserve	\$250/\$295