

2019 Track & Field

Sandy Springs Striders

Program Registration: \$25.00 (every child on the team will receive a uniform)

Register online: <http://registration.sandyspringsga.gov/>

Info: 770-730-5600 or tramos@sandyspringsga.gov

Information Meeting – Tuesday, February 5th @ 6PM

Hammond Park Community Building located at 6005 Glenridge Dr, Sandy Springs, Ga 30328

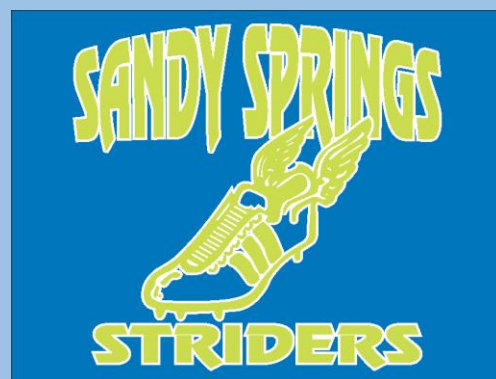
Events in each age group are:

50 Meter	7 – 10 only
100 Meter	ALL
200 Meter	ALL
400 Meter	ALL
800 Meter	ALL
1600 Meter	10 – 12 – 14 only
3200 Meter	12 – 14 only
4 X 100	ALL
4 X 400	ALL
Standing Long Jump	ALL
Softball Throw	ALL
Shot Put	10 – 12 – 14 only
Mini-Javelin	12 – 14 only
Discus	12 – 14 only
Running Long Jump	ALL
High Jump	10 – 12 – 14 only

There are four (4) age groups for both boys and girls
(Cutoff Date as age of September 1st)

Age Groups:

- 8 & Under
- 10 & Under
- 12 & Under
- 14 & Under



Practices will be held on Tuesday's, Wednesday's and Thursday's from 5:30PM to 6:30PM at Sandy Springs Middle School Track starting on February 12, 2019!



SANDY SPRINGS

RECREATION AND PARKS

**The Sandy Springs Striders Youth Track & Field team will compete in 8 local weekend track meets plus:
GRPA District 7 Track Meet and the
GRPA State Track Meet**